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Halifax's home improvement

With more vacant spaces popping up around downtown Halifax in recent months, how to revitalize the area is an issue in the forefront heading into 2013. We asked some local notables what they believe is the best approach to creating a vibrant and thriving downtown core.

ALY THOMSON



"There are many positive signs of revitalization in the downtown, such as the Central Library, Waterside Place, the new Convention Centre, and the Citadel Building. But there are other measures that will encourage development and allow us to showcase downtown, from taxes to direct civic investment in streetscaping and safe, convenient public transporta-tion. I look forward to working with groups ... to make downtown a place where people want to live, work, shop and play.' MAYOR MIKE SAVAGE



"The best way to revitalize downtown is simply to use it more. The majority of stores and the restaurants are owned by local business people who contribute high taxes to the city and support the community in many ways. What they need most to succeed are customers who make a concerted choice to bypass a big-box store or national chain or website and put their disposable income back into the community. Come downtown more often or try it for the first time. I know you'll love it!"

PAUL MACKINNON, EXECUTIVE
DIRECTOR OF DOWNTOWN
HALIFAX BUSINESS COMMISSION



"Downtowns are ecosystems: commercial, retail and residential are interdependent. If you can convince people to live in the urban core, retail will thrive and businesses will be enticed to be there. Affordable workforce housing, which lets everyone from lawyers to secretaries choose to live and work near the downtown is paramount. There's no 'silver bullet.' It's a holistic, downtownfirst approach with many factors — transit, infrastructure, tax, regulation, arts and culture — that will get the job done. We need to make it easier to choose the downtown. DAVID FLEMING, PROJECT

DEVELOPMENT SPECIALIST FOR GREATER HALIFAX PARTNERSHIP



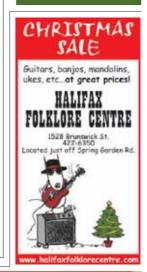
"Revitalizing downtown Halifax is about public and private partnership; key stakeholders and the various levels of government planning together with one vision. It requires a degree of co-operation that some-times is hard to pull off. The political will is a balancing act, but we can learn from history and from other cities. In order to revitalize downtown, we need to focus on more affordable housing, transportation, investment on infrastructure, and arts and culture. These are key ingredients to revitalizing any downtown.

NANCY TISSINGTON, EXECUTIVE
DIRECTOR, SPRING GARDEN
AREA BUSINESS ASSOCIATION



"Halifax has neglected its downtown core in recent years and, as a result, we have lost the vitality of our downtown. To revitalize this area of the city, we need to ensure that we have businesses that attract customers and that we have support for local businesses to ensure that they are profitable To attract customers, the downtown must be energetic and convenient. Convenience comes both from location and access. We are starting to see residential growth in the downtown, however we are also seeing a reduction in available parking.

LISA GALLIVAN, CO-OWNER OF
MILLS AND LAWYER IN HALIFAX



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REGRET OR REJOICE IN OUR CHOICES OF THE PAST



COMPASS tephen Kimber alifax@metronews.ca

Forget this year's faux feints and fevered fantasies — 2013 will be the year we get to pass electoral judgment on the govern-

ment of Darrell Dexter.
Will we decide, on balance and measured against his less-than-stellar competition, that Dexter has earned a second majority term? Or will we, seeing more po-tential than performance in the past four years, rein him in, giving Dexter a second minority-government chance to make a better first impression?

Or will we decide electing a first-ever NDP government was as historic a mistake as it was a milestone, and consign it to his-

Except for the most rabid of partisans
— the my-party-right-or-wrong NDP-ers
and their the-sky-is-falling-socialist-hordes counterparts — the choice will not be easy.

There are too many issues for one col-

umn but let's start with economics.
The NDP inherited a fiscal mess mostly of its predecessor's making; a global economic meltdown beyond its control; and, worst, the ticking demographic time bomb of an aging, under-educated population.
None of those big-picture problems

could have been overcome in a single elec-

toral term by any party.

The NDP's signature fiscal accomplishment — presuming they can pull it off — will be to have brought the province's books back to balance in four years without completely devastating a precarious economy. No mean feat.

The trick for the government now will be to convince its traditional base that those against-the-grain sacrifices were necessary to allow for future social investment while reassuring those independents who voted for it in 2009 that there won't be a return to runaway spending.

The NDP's broader economic development strategy has been the doomed-todisappointment, tried-and-failed strategy Nova Scotia governments have touted since the days of Robert Stanfield: Dream big and pray. Daewoo, IBM, Cooke Aquaculture, Irving Shipbuilding, the Lower

Churchill...
The good news is the government has coupled those gambles with investments in training that — should they pay off — will keep more young people in the province. The bad news is that most of the bets will not pay off and the government will have sacrificed other significant assets (gobs of public money, the environment) in the

process.

No easy choices indeed. Let the campaigning begin. Happy New Year!

Metro asks: What's your prediction for 2013?



Lis McMillan. 21, Halifax

"It will probably be a lot like (2012). Cold in the winter. Warmer in the summer. Probably a couple superstorms.



Helen Litam, 23, Richmond, B.C.

"No more (MTV's) 16 and Pregnant people."



metronews.ca Thursday, December 27, 2012

Katrina Lat. 20, London

"Walt Disney will be removed from his current cryogenically frozen state, and brought in to help direct Star Wars: Episode 7."



Ali Hancharyk, 27, Winnipeg

"2013 will see popular music deteriorate to the point of solely consisting of just beeping noises and laser sounds.



Lorissa Good. 37, Calgary

"Same-sex marriages will be allowed in more U.S. states once they realize how much money gay people spend on parties.'



Kevin Kirouac. 43, Edmonton

"I predict a female, black Prime Minister ... It would shock everybody." (Ed's note: shocking since there's no federal election in 2013.)



Pat Mallough, 23, Saskatoon

"We're going to com-plain about the weather ... gas prices are going to go up, gas prices are going to go down."



Jon Poulin. 28, Regina

"The States legalizing marijuana. And I am excited to see how that would affect our view of things here in Canada."



Jeff Brodawka, 38, Toronto

"A more steady growth and a little bit more of a quiet confidence about the economy.'

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The future of endangered species

With 2012 seeing the largest mass of summer ice melting in the Arctic in modern history, it's no surprise experts predict more of the same for 2013. The melting ice has implications for some of Canada's most threatened species. Metro spoke with World Wildlife Fund scientist and researcher Pete Ewin, who said there will continue to be winners and losers in the global warming species game.

ELISHA DACEY

The losers



Narwhal

Narwhals, called the "Unicorns of the Sea" due to their long, sharp tusk, feed deep under packed arctic ice where the ice provides them shelter from predators. Less ice means less defence.

NOTICE

CHRISTMAS and NEW YEAR'S

Collection & Processing Services Garbage/Organics/Recyclables

Christmas Day

Residents of Halifax Regional Municipality are advised that there will be no municipal garbage, organics or recyclables collection services on Christmas Day (Tuesday, December 25, 2012). Collection services for that day will be provided on the preceding Saturday, December 22, 2012.

New Year's Day

There will be no municipal garbage, organics or recyclables collection services on New Year's Day (Tuesday, January 1, 2013). Collection services for that day will be provided on the preceding **Saturday**, **December 29**, 2012.

No Collection Christmas Day Tuesday, December 25, 2012	♦	Collection will occur Saturday, December 22, 2012
No Collection New Year's Day Tuesday, January 1, 2013	➾	Collection will occur Saturday, December 29, 2012
Otter Lake Facility Closed Christmas Day, Tuesday, December 25 Sunday, December 30, 2012 New Year's Day, Tuesday, January 1, 2013	♦	Otter Lake Facility Open December 24 & 31 - 7:00 am to 6:00 pm December 26 & January 2 - 7:00 am to 7:00 pm
HRM Recycling Plant Closed Christmas Day, Tuesday, December 25 New Year's Day, Tuesday, January 1	➾	HRM Recycling Plant Open December 24 & December. 26 – 7:30 am to 6:00 pm December 31 & January 2 – 7:30 am to 6:00 pm

Collection services can begin as early as 7:00 a.m. To ensure collection, residents may place materials curbside the evening prior to collection day. The HRM's residential Household Hazardous Waste (HHW) Depot will be closed **Saturday, December 22nd** and **Saturday, December 29th**, but will be open on **Saturday, January 5th, 2013** from 9 a.m. to 4 p.m.

After the Holidays...

- Natural Christmas trees will be picked up on your organics collection week. They must be free of plastic, tinsel, ornaments, metal rings, nails, stands and plastic tree bags.
- Compost or mulch your greenery (boughs, trees, etc.)
- Wreaths with metal wire frame or plastic cord go in your garbage bag
- Paper gift wrap free of ribbons, bows and ornaments; place in a grocery bag for recycling
- · Non-paper gift wrap and foil wrap: place in your garbage bag
- Corrugated cardboard: tie and bundle for recycling
- Boxboard (shoe and cereal type boxes): place in your green cart
- Recycling/re-use tips: save gift wrap, bows, ribbons, cards, etc....for use next year; give old toys and clothing to a charitable organization

Thank you and have a safe and happy holiday season. For more information on HRM's composting and recycling programs, check your collection schedule on our website at www.halifax.ca/recycle.









Polar bears

Polar bears are hugely dependent on sea ice for their food supply. Less ice means fewer chances of fattening up on ringed seals, their primary food, which keeps them nourished the rest of the year around. Ewing said polar bears will eventually be found only further north, and have been eating more seaweed and kelp in recent years to keep their bellies full.



Ringed seals

Warmer waters and less ice mean fewer resting places for the ringed seal. Ringed seals usually pup on large ice floes and spend most of their lives in contact with ice or icy waters. Smaller ice floes keep these solitary animals from spreading out like they're used to doing.

The winners



Killer whales

Considered a threatened species, killer whales are making a comeback in areas with warmer temperatures and warmer waters. Warmer waters in the north means killer whales will be found with more frequency in northern climates.

Other seals

With the decline of the ringed seal will mean more food for other types of seal. Harp seals, which like colder waters but not ice, may move in, affecting the diet of other animals and the Inuit, many of whom rely on ringed seals for food.



Some salmon

Different species of salmon used to warmer waters will start to replace other species of salmon. This will also bring killer whales closer, as their primary food source is salmon.



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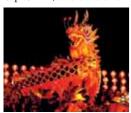
10 things forecast to happen in 2013





Jan. 21: Four more years Barack Obama will be

sworn in for a second term as president of the United States. Inauguration Day begins with a church service, after which the president and his family travel to Capitol Hill, where the chief



Justice of the Supreme Court will administer the oath. Obama will then deliver his Inaugural Address. The day ends with inaugural balls.

Feb. 10: Year of the Snake

Chinese New Year begins the Year of the Snake. According to Chinese astrology, a person born in the Year of the Snake is very wise and can be a theologian, as well as a smart banker. She also has good taste in food and fashion but is not frivolous. Sounds like a good year to have babies

March 20: UN says be happy

First-ever International Hap-



piness Day. The day, sponsored by the UN, is the latest move towards establishing happiness as a key factor in comparing nations. A number of countries, including Britain, now have official National Happiness indexes. The Smiley emoticon, meanwhile, celebrated its 30th birthday in September 2012.

March 21: Anniversary of Alcatraz shutdown

Will Sean Connery be back?



Fifty years ago, Alcatraz closed. The world's most famous prison ('The Rock') housed America's most infamous prisoners, including Al Capone. Thirty-six escape attempts were made from the prison island, but none are known to have succeeded. Sean Connery's character in the movie, The Rock, succeeded, however.

June 14: Open race in Iran election

Iran holds presidential elec-



tions. Firebrand Mahmoud Ahmadinejad has served two terms as president and is ineligible to run again. So the race is wide open, with analysts reading the tea leaves to see which candidate Supreme Leader Ayatollah Ali Khamenei will support. The outcome of the election will be closely watched by the world as Iran is currently on a confrontational course with the international community over its nuclear program.

June 29: Ready, steady, cycle



today, dramatically scrubbed of the memory of Lance Armstrong, who's been stripped of his seven Tour wins over doping allegations. Bradley Wiggins, the Brit who won the race in 2012 and the 2012 Olympic gold in the road time trial, has turned down the chance to defend his title, agreeing instead to support his teammate Chris Froome's bid for glory.

July 1: EU welcomes Croatia



Croatia becomes the 28th member of the European Union. Its neighbour and on-and-off foe, Serbia, is still negotiating membership. And Turkey will make a renewed push for EU membership starting on this date, when Lithuania takes over the rotating EU presidency.

September: Merkel faces vote



Another victory for the Iron Chancellor? Germany goes to the polls in parliament-ary elections. While Angela Merkel remains popular in terms of personality, her coalition government may not survive the election, as the Liberal Democrats, the junior partner, are languishing at four per cent of the vote in polls. Merkel's CDU gets 36 per cent, compared to 30 per cent for the Social Democrats. The Pirate Party is also running, as are the Greens.

Nov. 14: Charles turns 65



Even though he's now retire ment age, heir to the British throne Prince Charles may have to wait for yet some time to become King. At age 86, his mother, Queen Elizabeth II, remains in good health. The Queen's mother lived to be 101 years old.

Nov. 22: JFK remembered



versary of the assassination of U.S. President John F. Kennedy. IFK was killed

gunshots while visiting Dallas. Lee Harvey Oswald, an American who had moved to the Soviet Union, was arrested but was killed by nightclub operator Jack Řuby before he could stand trial. Mystery still surrounds JFK's murder. The anniversary will be commemorated in Dallas. ELISABETH BRAW/METRO WORLD NEWS

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Thursday, December 27, 2012

EXPECT THE UNEXPECTED

Metro asks a psychic to tell us what's coming up next year in entertainment, sports and politics. Psychic Nikki is a Toronto-based clairvoyant who claims to have predicted Hurricane Sandy, Barack Obama's first presidential win and the Tom Cruise and Katie Holmes split.

LISA WILTON

halifax@metronews.ca

What's in store for some big-name celebrities and celebrity couples?

Brad Pitt and Angelina Jolie will marry, and I see another child. But she has to watch her health.

Jennifer Aniston will have a child, or at least pregnancy and a marriage. But I also see another man besides (fiancé) Justin Theroux.

I see a marriage for Kim Kardashian.

Taylor Swift has to be careful around transportation. I see a handsome cowboy type around her, possibly business and romance combined.

(The Duke and Duchess of Cambridge) may have a set of twins in the future.

Jessica Biel and Justin Timberlake may have a kid, but their marriage is doomed in the future when one of

Obama's reading

"He is in extreme danger during the next four years and he may not finish his term."

Psychic Nikki, about U.S. President Barack Obama's political future

them has a roving eye.

Justin Bieber will do more acting. There could a sitcom. He has to be careful of fast cars or red ones.

Helen Hunt will be nominated for an Academy Award for The Surrogate and Keira Knightley for Anna Karenina. Meryl Streep may be nominated again. Daniel Day Lewis will be nominated for Lincoln and Sir Anthony Hopkins could also receive an Oscar nomination.

How will the political landscape change in the next year?

Prime Minister Stephen

Harper will work well with the American president, but there could be a crisis where he is tested. He also has to watch for danger.

(U.S.) President (Barack) Obama will try to turn the economy around, but it will be hard with all the natural disasters coming.

Vice-president Joe Biden has to watch health and danger also. He could be replaced maybe by a woman.

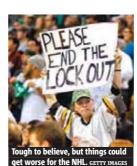
It will take a long time for the economy to pick up because of natural disasters and potential terrorist attacks, and wars in the Middle East and Asia. But there could be a gold rush in Canada.

So, what are these natural disasters you speak of? Should vacationers avoid certain areas in the next year?

Ĭ see a lot of earthquake activity on the West Coast of the United States right up to British Columbia and Alaska. There will be earthquakes in the Middle East, China and Japan. Also Mexico, South American, New York City, Quebec, Virginia, Washington and Tennessee. I would try to avoid coastal areas.

What are you sports predictions?

I see a famous Formula One driver being killed in a fiery crash and I think there will be a sex scandal in the NHL.





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They know your type: Tracking real-world trends through Google



Searching for answers. Companies use search queries for research



If you come to Google with questions, chances are you're providing answers of your own.

That's because companies can now track consumer intentions based on what shoppers plug in to their search bars. Given the sheer amount of searches per minute, companies can even isolate data from particular countries, provinces, even cities.

Shoppers on Canada's east coast, for instance, aren't as interested in patio furnishings as people in Vancouver until later in the season, according to Walmart's Drew Cashmore.

"It helps us make more educated merchandizing decisions," said Cashmore, Walmart's director of digital marketing. "If we know that a particular TV is going to be hot this season, we'll work towards pushing that specific item or brand."

Cashmore said the retail giant is surprisingly nimble at adjusting to the data mined through customers' searches, tailoring messaging and promotion.

But the "database of intentions," as Google calls it, can be used for more than just making sure the right television or cell phone is on store shelves.

Started in 2007, Google Flu Trends was created to model real-world phenomena — in this case outbreaks of influenza using patterns in user searches.

"The rise in the frequency of certain search terms in a given area matches with the rise of

So much we want to know

57.6B

There are 4.8 billion Google searches per month in Canada alone. That's 57.6 billion searches per year.

flu activity in that same area," said Google spokesperson Leslie Church, in an email.

"The queries generally include search terms regarding influenza complications, cold and flu remedies and general flu symptoms. Imagine what you would do if your child were sick — you might try to look up a symptom, such as a sore throat."

There are limits to what information can be gleaned from internet queries, however. During the last Canadian election, Dr. Anatoliy Gruzd and his team at Dalhousie University's Social Media Lab attempted to use tweets and Facebook posts to assess who would win.

"We tried to match the data to the other polls, the general polls," Gruzd said in a November interview with Metro News. "(But) not everybody is using social media."

Because the sample was skewed towards a young and technologically-addicted population, the data could not compete with traditional forms of polling.



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Technically speaking

Top 5 tech trends

MICHELLE

michelle.castillo@metro.lu

Including the death of the cable box, and Grand Theft Auto

The rise of the digital media receiver



Over 1 million U.S. cable subscribers ended their subscriptions in 2011, and the trend is expected to continue thanks to more people picking up digital media receivers by companies like Roku and Apple. With these "boxes," users can use streaming services like Hulu Plus, Netflix and Amazon Instant video to watch whatever they want at the time of their choosing.

Xbox 720 vs. PS 4, and Grand Theft Auto 5



The Xbox 720 and Playstation 4 — or Playstation Omni if you believe the blogs — may launch (the latter may measure your heartbeat and take cues from your emotions). Meanwhile, the biggest game of next year could be Grand Theft Auto V, rumored to kick doors down in Q2 of 2013.

New Apple products

You can count on big Apple product launches every year even though you've just upgraded to an iPhone 5. Apple fans are hoping the new year brings an iPhone mini and perhaps an Mac-Book Air or iPad Mini with Retina display capabilities. There's also talk of an iTunes radio-capable device.

All-in-one Fujitsu Lifebook 2013



While it may function as your basic laptop when put together, the Fujitsu Lifebook 2013 can be broken down to become a tablet, phone and camera as well. How does it work? The digital keyboard can be pulled out to work as a tablet, and the camera can be removed from the front of the computer when it's not in use

Kickstarter changes business

2013 will be the year that crowdsourced funding becomes a household name. Before, people had to rely on angel investors to launch their startup. Now, they can use their social network savvy to recruit interested parties to donate a few dollars towards their company. With more people joining, we foresee a revolution



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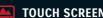
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metronews.ca Thursday, December 27, 2012 metr⊕ **VOICES**

WE MUST MOVE FORWARD, NOT **BACKWARD**; UPWARD, **NOT FORWARD ...**



Journalism has come a long way since the days when we all wore hats that said "Press" and drank whiskey at our desk. Now we wear hats that say "Internet" and drink Jack and Coke Zero at our desk.

We've come a long way, baby.

There have been many changes in the way we collect the news, too. There was a time when the public wanted — and the media delivered — complete, accurate information at the end of the working day, while the kids removed Dad's slippers and Mom made meatloaf.

But now Mom and Dad live apart and the kids are busy sexting, so to fill the gaping void in your life you fill the hole with news, news and more news, every minute, day and night. Even stories like the Ikea monkey get updated as quickly as

possible, because we in the media don't want to look like fools with an out-of-date story about a monkey in a coat.

We will be coming to you live from the Ikea parking lot, dammit, and if the monkey flings some feces, you will hear about it before it hits the ground. That's our solemn promise to you.

This speed has occasionally led to what some may call errors, such as when we kill off people who aren't dead yet. But the fact of the matter is those people will some day be dead. We've only been giving you a heads up. You're welcome.

With that in mind, I've noticed that some of my media colleagues have stuck to their tired old ways by writing a Year in Review. That is so 2012.

Instead, I bring you the 2013 Year in Advance. Here are the stories that will happen next year, before they've happened.

- Jan. 11: NASA scientists announce a major breakthrough when the Mars Curiosity rover finds itself. "I want to be a painter," the machine declares.
- Feb. 5: Inspired by seven-time Tour de France winner Lance Armstrong's example, Rolling Stones guitarist Keith Richards also denies drug use.
- April 9: According to a new report, the Harper government transparency.

 May 15: Avril Lavigne throws Nickelback into disarray
- when she teaches fiancé and lead singer Chad Kroeger a new chord progression. Other band members say her "crazy ideas" are threatening to "Yoko Ono" the band's singular sound.
- Sept. 30: Meteorologists change the naming system for hurricanes to better reflect reality. Hurricane I Am a Direct Result of Global Warming causes major damage to the U.S. coastline, yet fails to breach the Republican consciousness.
- Oct. 9: Will and Kate Plus 8 debuts on the Royal Life Network, as monarchists devour the latest news from Georges I through VIII.
- Nov. 4: Toronto Mayor Rob Ford's new 700-page memoir, The Broken Republic: A Treatise on Debate and Democracy, from Plato to the Paris Convention, is hailed as a
- masterwork of the genre. Dec. 15: BREAKING NEWS Ikea monkey has died, Twitter confirms. Oh, wait, he was only asleep. But sources say he will die eventually. You're welcome.

Who are we to block the sun?



Geoengineering

Scientific solution to global warming

A record loss of Arctic sea ice and faster-than-expected melting of Greenland's ice cap made worldwide headlines in 2012, but research published in major science journals suggests warming in the North doesn't have to continue from 2013 on.

Scientists theorize that injecting reflective particles of some kind into the high atmosphere could reduce the amount of sunlight reaching the Earth's surface and compensate for the greenhouse effect.

THE CANADIAN PRESS

Ethical question



They're questions about what kind of planet we want and who we are."

David Keith, a Calgarian and professor of applied physics at Harvard University. Keith said any significant nation in the world has the technological capacity to facilitate a drop in the Earth's temperature

Save it for an emergency

Cooling the Earth could be a bad idea

In a world that seems unable to come to grips with carbondioxide emissions driving climate change, manipulating the Earth's climate to cool it down has some calling geoengineering a bad idea.

The professor behind the idea, David Keith, believes emissions should be cut, and he doesn't advocate such a plan, at least not yet.

He suggested geoen-gineering may be a viable response to a "climate emergency" — a sudden collapse of ice sheets or a killing drought. THE CANADIAN PRESS

The UN has ruled out aeoenaineerina.

Debate heats up

- Peter Mooney of the Ottawa-based Etc Group, an environmental technology watchdog, is skeptical of anyone's ability to manage geoengineering.
- "The governments who screwed up in the first place can't be expected to take something like planetary systems management and do a better job of it," he



2013 is no time to toss the cookbook in the trash

While ebooks have been exploding in popularity in recent years, scholars, chefs and those who just love to tool around in the kitchen say it's not time to stick a fork in the physical cookbook just vet.

Trend watcher Christine Couvelier, who recently passed the 3,000 mark in

her cookbook collection, thinks the print format isn't going anywhere, though she also enjoys such innovations as the video clips used with recipes, and stories in publications like Martha Stewart Living that she reads on her iPad.

'There's something about experiencing a cookbook the way the author designed it so the right format is there," said the Victoria-based chef, who noted that some ereaders reformat cookbooks. THE CANADIAN PRESS

Paywalls

Newspapers go back to the future

Whether they're lauded as the future of online media or labelled a scourge on the flow of digital information, opinions abound on the rise of paywalls in Canada, and the conversation is only going to get louder. One frequently cited example of such success is the New York Times, but observers caution that the paper is an "elite" product.

Some Postmedia papers

— including the Montreal Gazette, the Ottawa Citizen and the Vancouver Sun have been experimenting with paywalls this year. The company plans to put the rest of its newspapers behind a paywall in early 2013.

The Globe and Mail launched its much-anticipated paywall recently, and the Toronto Star, which boasts the highest circulation in Canada, will also be watching the evolution of its audience very closely once it puts up a paywall in 2013.

THE CANADIAN PRESS



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From aggressive women to quiet men to androgynous rappers, the new year looks promising

PAT HEALY/EVE HYMAN/CHRIS LEO PALERMINO

Metro World News



Savages

One of the biggest buzzes out of this year's CMJ Music Marathon in New York City was Savages, four London women whose punctuated attack on every song is every bit as vicious and thrilling as their name implies. Gemma Thompson plays guitar like she's the runaway teenage daughter of The Edge. Yes, she learned a lot from her old man, but she's still rebelling against him with the way she draws abrasive and occasionally atonal sounds out of the instrument. It's not easy to make out the subject matter coming from singer Jehnny Beth, but it's unmistakably angry, as she flails about like every convulsion is choreographed to the beats of drummer Fay Milton, who just wails on her kit. Holding down all the chaos is bassist Ayse Hassan. The sound is post-punk (sounding like a cross between Joy Division and the aforementioned early U2 thing). They've officially released a single and a live EP, but expect an LP in the first part of 2013. PAT EKALY



Bands to listen to in 2013

Mykki Blanco

Mykki Blanco, the alter ego of Michael Quattlebaum Jr., mixes a helping of tribal beats with her radical rap. The solo artist follows in the nontraditional path of recent indie hip-hop a la Odd Future, successfully dipping into punk and electro while retaining individuality. Her profile is bound to go up in the early months of 2013 with the slow and steady reception of praise she is receiving from her November-released album, Cosmic Angel: The Illuminati Prince/ss.

CHRIS LEO PALERMINO



Night Beds

Winston Yellin has the sort of voice that could quiet a huge room. It's not necessarily the Fleet Foxes/My Morning Jacket airy style of delivery that's so effective as much as you can just tell that this is somebody who is saying something that he feels deeply. and there's really nothing much more contagious than that. If his song Even If We



Try is any indication, his album, Country Sleep, which will be out on Dead Oceans in February, is going to be a stunner.

EVE HYMAN

Little Green Cars

The hook for this Irish band's recent single, The John Wayne, is "it's easy to fall in love." And with LGC's simple and authoritative harmonic songs, it really is easy. They can weave their voices together as beautifully as any esteemed practitioner of the traditional music of their homeland, but they combine it with a crushing angst and the joy of rocking out. The band are expected to deliver a full-length in the early part of the year.



Deap Vally

Considering the oversaturation of bleeps and bloops lately, Joan Jett-esque grrl rock duo Deap Vally are a welcome change. Skimpy, sequined outfits, long hair and heavy rockin' are the name of the game for these L.A. women who are already signed to Island Records and have recently been opening for Muse in Europe. Throw on your jean jacket and get down with Lindsey Troy's raspy vocals.

CHRIS LEO PALERMINO



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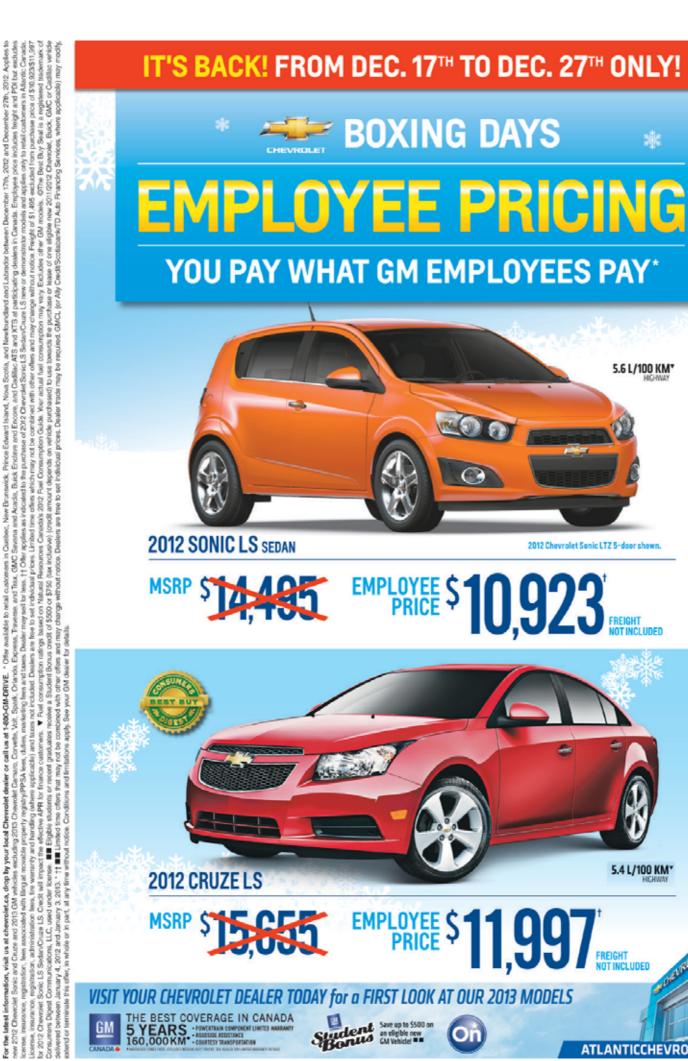
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2012 NEW AND DEMO CLEAROUT



metronews.ca Thursday, December 27, 2012

Celluloid Soothsayers

On the eve of the 21st century's Bar Mitzvah, we dissect three films that were set in 'future' 2013. Maybe it's the pall of unluckiness associated with the number 13 in Western culture, but dystopian scenarios were the consensus.

MIKE DOJC

Escape from L.A. (1996)

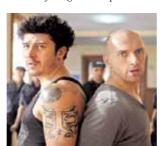
Snake Plissken, Kurt Russell as a monosyllabic scofflaw with an eye-patch and a permanent five-o'clock shadow, is charged with retrieving a doomsday device from Los Angeles, a city converted into a massive prison colony after a devastating earthquake separated it from mainland California. Prediction: John Carpenter imagines a fascist America



where the constitution has been shredded. Smoking and red meat are verboten, all marriages must be approved by the department of health and wave goodbye to freedom of religion too. Reality: California's coffers have been savaged. Governor Jerry Brown came into office last year saddled with a crushing \$28 billion budget gap, the weight of which threatens to turn the residents of this financially underwater state into debt slaves paying sky-high taxes. Verdict: While the San Fernando Valley may not be surfable, it is drowning in red ink.

District 13: Ultimatum (2009)

Damien and Leito are back for another parkour-fuelled adrenaline ride. This time they're defusing a civil war that is breaking out between the five gangs living in D13, the walled-in Parisian ghetto from the first flick. Prediction: Parkour will become de rigueur on the urban street, with gangbangers turning rues into their personal jungle gyms. Reality: Free-running springlegged Frenchmen vaulting, climbing and freewheeling over everything in their path is a far less common sight



on the streets of Paris than sad-eyed mimes or young lovers locked in the country's vaunted kissing style. Verdict: Sure, parkour may not be the new skate-boarding, but you do see a lot more of the kinetic art form on network television.

The Postman (1997)

Kevin Costner, always a sucker for pretentious, lengthy epics à la Waterworld, couldn't resist starring as a post-apocalyptic superstar in this 177-minute snoozer. Prediction: Resuscitating a defunct postal service is key to bringing hope back to a bedraggled society. Reality: While all-out nuclear war doesn't appear to be on our doorstep, postal services the world over are certainly hurting as mail volume drops



and the USPS is fathoming closing more offices and ending Saturday delivery service. Verdict: When it comes to forecasting the future, what we have here is a failure to deliver, but Tom Petty is good for a couple half-hearted yuks as a future version of himself



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2012 NEW AND DEMO CLEAROUT



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24

SCENE

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Superman and a Vulcan? We can't wait until next year.

NED EHRBAR

THE BIG MOVIES OF 2013



Star Trek: Into Darkness

JJ Abrams has been keeping us waiting four years for the followup to his fantastic reboot of the sci-fi juggernaut. But if it's anything like the first film, the wait will have been well worth it. And with Sherlock star Benedict Cumberbatch coming onboard in a highly-speculated-upon villain role, odds are it will impress.



Man of Steel

There's a lot riding on Zack Snyder's attempt to reboot the Superman franchise seven years after Bryan Singer's droopy Superman Returns. If it succeeds, it will serve as the jumpingoff point for the Justice League, DC Comics' attempt to steal some of that Avengers thunder from rival Marvel. But will new star Henry Cavill make an impression with audiences?

Don Jon's Addiction

After learning on the job from directors like Steven Spielberg, Christopher Nolan and Rian Johnson in 2012, Joseph GordonLevitt steps behind the camera himself for the first time with this modern-day take on Don Juan, co-starring Scarlett Johansson. Gordon-Levitt also stars and wrote the screenplay.

The World's End



Ender's Game

Science-fiction fans have been waiting a long, long time for a film adaptation of Orson Scott Card's tale of kids training to battle aliens in the near future, but the wait is (almost) over. The cast is stacked with the likes of Harrison Ford, Sir Ben Kingsley and Viola Davis, plus high-brow younger talent like Hailee Steinfeld (True Grit), Abigail Breslin (Little Miss Sunshine) and Asa Butterfield (Hugo) as Ender.



Elysium

District 9 auteur Neill Blomkamp brings some social commentary to the summer blockbuster with a big and loud action film about the haves and the have nots, immigration reform and environmental issues. In the film, the one per cent live on a pristine space station orbiting the ruined Earth. Matt Damon stars.

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Warm Bodies



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romantic
comedy
— about
an undead
boy
(Nicholas

Hoult) who falls for a potential victim (Teresa Palmer) looks to have plenty of wit, charm and life to it. It's no Twilight.





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Actors to watch ... they will be stars in 2013

Nicholas Hoult Where we've seen him: As an awkward tween in About a

Boy, a conniving teen in Skins, flirting with Colin Firth in a Single Man and donning blue fur in X-Men: First Class. Why he'll be big in 2013: He's headlining both Warm Bodies and Bryan Singer's massive Jack the Giant Slayer. Plus Singer says that Hoult will definitely be back as Beast for X-Men: Days of Future Past.

Key quote: "He has absolutely no idea how good-looking he is," Hoult's girlfriend Jennifer Lawrence says of him.

Dane DeHaan

Where we've seen him: Using his superpowers for evil in Chronicle and making moonshine with Shia LaBeouf in

Why he'll be big in 2013: He steals scenes from Daniel Radcliffe in Kill Your Darlings and from Ryan Gosling in the Place Beyond the Pines, and he's just been tapped to play Harry Osborne in the next Amazing Spider-Man.

Key quote: "I don't know that I do spend a lot of time preparing myself for stardom," DeHaan says. "When someone comes up to me and tells me they really like me, I just say thank you."



Anthony Mackie

Where we've seen him: Defusing bombs in the Hurt Locker and betting on fighting robots in Real Steel. Why he'll be big in 2013: He teams with Josh Brolin and Ryan Gosling in Gangster Squad. Then he's got Michael Bay's action comedy about murderous bodybuilders, Pain & Gain, alongside Mark Wahlberg and Dwayne Johnson. Key quote: "He's turned into a hot fudge Sundae since I worked with him the last time," Mackie says of re-teaming with Half-Nelson co-star Gosling. MWN

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Actresses to watch ... they will be stars in 2013



Selena Gomez

Where we've seen her: Practicing magic on the Disney Channel's Wizards of Waverly Place, and on the arm of Justin Bieber though not as much lately.

Why she'll be big in 2013: Don't pigeonhole this former child star just yet. Gomez turns in an attention-grabbing performance in Harmony Korine's Spring Breakers alongside Vanessa Hudgens and James Franco in a film described as "Scarface meets Britney Spears"

Key quote: "Don't see it," Gomez said when asked what she'd tell her younger fans about Spring Breakers.



Teresa Palmer

Where we've seen her: As a gun-toting alien refugee in I Am Number Four and donning 1980s fashions in Take Me Home Tonight. Why she'll be big in 2013: The charming Australian actress finds herself the object of a zombie's affections in Warm Bodies, out in early 2013, and later in the year she shares the screen with Christian Bale, Natalie Portman and Cate Blanchett in Terrence Malick's Knight

Key quote: "You never know when the next up-and-comers will be in the spotlight so people forget you. There's no guarantees," says Palmer, keeping lists like these in perspec-



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Rosie Huntington-Whiteley

Where we've seen her:

Working the runway for Victoria's Secret, on the arm of Jason Statham, running from robots in Transformers: Dark of the Moon.

Why she'll be big in

2013: Hopefully we'll get to see her go toe-to-toe with Tom Hardy in the Mad Max: Fury Road Key quote: "All the actresses are taking everything over now, with all the modeling endorsements and magazine covers," Huntington-Whiteley says of her old busi-





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The next soon-to-be splitsville celebs?

For the rich and famous, who divorce as commonly as we take out the garbage, love is a pretty transient notion. Like two yachts passing in the night, celebrity relationships tend to be louche and fleeting. While Kim K and Kris Humphries' mere 72-day-union may be difficult to beat, here are some candidates well worth drafting in the first round of your 2013 celebrity break up pool.

MIKE DOJC, METRO WORLD NEWS





Avril Lavigne & Chad Kroeger

Prediction: Chad will go ahead and make things so complicated . with the wedding planning. His insist-ence on hiring a pyro-technic coordinator, an arctic fox wrangler and an 'I do' mic check man all in a vain attempt to prevent repor-ters from writing "this was even blander than a Nickelback show" in their wedding reviews will backfire.

Stephen Moyer & Anna Paquin

Playing passionate lovers on TV while trying to keep the magic rolling when the cameras are off is a high wire act — just ask Lucy and Desi. While we don't see Moyer tiring of getting some nookie from Sookie, since Paquin has fairy blood (well, on True Blood she does), we can see her spreading her wings and leaving her post-modern Dracula for a mischievous Peter Pan spirit.



Swizz Beatz & Alicia Keys

Keys is Beatz' third wife and they say the third one is the charm. But the prolific producer, who has laid down beats for everybody from DMX to Whitney Houston, seems to also be a prolific player. He's the baby daddy of three other children in addition to Egypt, his son with Keys. It seems like after a few years, his penchant for variety kicks in and the Beatz tends to go on. Can the vivacious R&B chanteuse break the spell or will we soon hear the ominous sound of history repeating?



Brian Austin Green & Megan Fox

Donna's boyfriend on Beverley Hills 90210 must pinch himself every morning when he wakes up and comes to the realization that he's in bed with Hollywood's most ogled actress. Green is flexing his previously under-utilized comic muscles in his latest gig as the lead singer on Wedding Band, a TBS sitcom. Meanwhile Fox's cleavage steals the trailer to Judd Apatow's This is 40. Both roles may be career altering, creating the kind of festering inequity and resentment that leads to





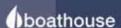
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Cupid, draw back your bow

After reading some tea leaves, shuffling a virtual deck of tarot cards and participating in a séance with an extra from a Kevin Bacon movie (that guy was just seven degrees of separation from every star on the planet), we've divined several fantasy couples the paparazzi will be all over in the new year.

MIKE DOJC

Jennifer Lawrence & Justin Bieber

Sorry Selena Gomez but Bieber is a young buck and he is going to sow his oats. After they call it quits again, he'll cavort with a few models, play the young Hollywood field and then get nostalgic for the good old days when he was half of a glamorous power couple. And the mere sight of the Biebs walking down the red carpet with the Hunger Games hottie on his arm might just start a tweenage riot. On their first date Jen can show her new beau how to string a bow, and the Boyfriend



crooner can reciprocate by styl-

ing her hair.

Leonardo DiCaprio & Yvonne Strahovski

Leo certainly has a type: blonde tressed, luscious lipped, S.I. Swimsuit calibre model with legs that go on forever. Aussie stunner Strahovski (Chuck, Dexter) hits all those marks and she'd also make an exquisite addition to a "I canoodled with DiCaprio" calendar, fitting right in with former flames Gisele Bündchen, Bar Refaeli, Erin Heatherton, and Blake Lively.

Gerard Butler & Heidi Klum

With Seal now out of the picture, there are plenty of A-list fish in the sea raring to nibble on the Project Runway host's manicured toes. But Heidi knows what she wants so choosing a man is as easy as deciding whether to wear Cavalli or Versace. While Klum's been carrying on with her bodyguard, she'd

scotch her security detail with benefits to make schnitzel with this leading man.









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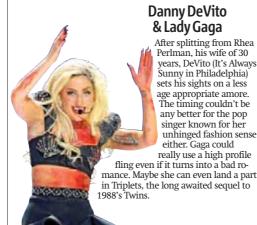
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Amy Poehler & Jamie Foxx

After parting ways with hubby Will Arnett this past fall, Poehler (Parks and Recreation) is looking for a new funny man to light up her world. The smooth talking Foxx, who plays the president in White House Down and a freed slave in Django Unchained, is just what the doctor ordered to get sassy Poehler back in the relationship game.

2013 is here and Julian Brass, founder of Canada's largest website for young professionals, has his Notable calls and predictions for trends young Canadian professionals will be creating and embracing in the year after the 'end of the world'.





Marginalized sense of cool

What's in is not being in. Get it? Fitting in is way out of style. Being an individual — now that is notable. Nobody cares about keeping up with the Joneses anymore. We care about our individuality, our values, our unique style, and being our own ʻcool

Notable call: We'll be seeing more individuality in how we set up our desks, fashion we wear, music we listen to and places we choose to socialize.



Travel more, stay less

Every day we see photos of our friends' and col-leagues' last trip. We see the inexpensive travel opportunities everywhere. We hear the stories and sip the metaphoric margarita in Mexico or the awesome Australian adventures

Notable call: More travel for less time. Young professionals will be boarding more flights and pulling out their passport more often, but each time they do, they'll be getting their vacay-fix for less time

Selected spotlight

Over the last several years our lives have become seriously public. People know where I went last night, when I wore my favourite blazer last, and that I'm going to be in Vancouver next week. We're sick of our privacy not being, well, private, but we do enjoy the affirmation that people are listening, RT'ing, and "liking" our last post.

Notable call: We'll continue to share our latest, but we'll become increasingly selective on what that is

Quality, culture, cocktails and cuisine

It wasn't a trend. The growing sales in premium spirits combined with the intrigue of the Mad Men era and the push toward locally sourced, premium ingredients has seriously refined the average young professional's palette and fashion-sense. Bottom line — this year we are all more cultured and so are our tastes.

Notable call: More refinement in young professional style, restaurant choice, and cocktail choices. Salud!



Only a few days left & we're gone until next year so plan ahead and come in to pick up those gifts you're going to need for upcoming occasions.



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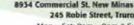
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SHEEL STATE

metronews.ca Thursday, December 27, 2012

Food trends don't come out of nowhere; they grow and evolve from years passed and embody the current thinking and influences of a culture. Like other artists, chefs get inspiration from the world around them, searching for new and tongue-tickling treasures. Fresh ideas, ingredients and techniques are highlighted in culinary competitions like Bocuse D'or in France, which serves as inspiration to restaurants first and then trickle into the mainstream. The following year, we see grocery stores and retailers introducing these same flavours and trends to give us home cooks a chance to play along. Next year will see us continue on a healthy/wholesome kick.

BY THERESA ALBERT, MYFRIENDINFOOD.COM



Year of the whole beast ...

"Nose to tail" cooking has been around for a few years as chefs strut their peasant pleasures and use up every bone and organ an animal can offer. Now, the idea has come home to roost. Look for "whole beast" parties to surge. Head on, big meals like roast suckling pig, whole duck on a spit and a whole salmon in a big backyard smoker will treat you this summer.



Delicious food trends for 2013

Seaweed so good

Darwinian beings came from the sea and now we go back to it for taste and nutrients. Seaweed is a huge "new" (yet ancient) food. No longer just wrapped around sushi or as dulse from the east coast, expect to find it in crackers, breads, as a topping and a snack. Seaweed, after all, contains more minerals than any other food on the planet. Look for sushi nori to crop up in salads and other recipes, and flavoured seaweed to come to a potato chip aisle near you.





... and the veggies

As our global luck would have it, the opposite trend has taken hold as vegetarians, vegans and flexitarians take the reins. Veggies as a main dish won't be relegated to the sidebar. Look for kale, collards and other greens to be dressed for success with beans for the vegans and sausage or bacon for the rest to make a whole meal. It's a good thing too, because the numbers show that we still aren't eating nearly enough greens.



the grade anymore. Look for fusion flavours with Asian cabbage and Harrisa paste in a classic corn tortilla. The wilder the combo, the cooler it will be. Creative textures, shapes and sizes of the shells will morph too ... ice cream cone filled with pulled chicken with crème fraiche, anyone?





The tiniest taste

Mini-me is key. Everything small is big. Going further than the tapas trend, this one allows one mouthful of a pleasure to be enjoyed while leaving room for healthier fuel; baby burgers will incorporate herbs and greens, mini grilled cheese, mini corn dogs and super cute cubes of cake satisfy. Perhaps we have figured out that it doesn't have to be massive to hit the spot. (Here's hoping!)



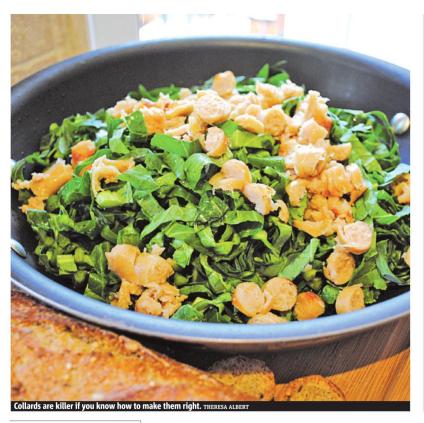






metroews.ca
Thursday, December 27, 2012

Collard Greens with Sausage



Ingredients

Serving Size: 8, prep time: 10 minutes

- 2 bunches collard greens — about 10 cups chopped
- 1/4 cup water
- 1 tbsp butter
- 1 tbsp honey
- 1 teaspoon salt (or less to taste)
- 1 teaspoon white pepper

Toppings

 2 cups cooked breakfast sausage, cooked bacon or canned white beans that have been warmed

Sushi for dummies. Add salmon, chicken or pork for extra taste



Ingredient

Serves 4, Prep Time: 5 min

- 2 Cups, cooked, short grain rice (or any other leftover rice)
- 2-3 tbsp rice vinegar
- 1 tbsp soy sauce
- 1 cup sliced cucumber
- 1/2 cup carrot, grated or shaved
- 1/2 cup diced red pepper
- 2 sheets toasted nori, ripped or cut into pieces
- 1/2 avocado

1. Place rice on individual plates or bowls.

2. Season with vinegar and soy sauce — stir with a fork (so rice doesn't clump together).

3. Top with remaining ingredients.

THERESA ALBERT

Theresa Albert is a food communications consultant and nutritionist in Toronto. She is @ theresaalbert on twitter.





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Collard Greens are cheap and yet are one of the most popular vegetables. What a combo!

Many, though, don't know how to cook them. In the Southern U.S. they simmer them low and slow. Brazilians sliver them into thin strips and do a quick sauté. Our method is somewhere in the middle to save you time and keep the leaves al dente.

This flexitarian meal can be completely vegan

or sausaged to the nines to suit your group. Keep toppings separate and serve as a main course with a crusty loaf of bread and some nice hummus or sharp cheese.

1. Rinse greens and chop off stems. Discard. Roll leaves width wise in stacks of 4 or 5 leaves. Slice thinly across the leaf (chiffonade) to create ribbons that are about ¼ inch thick or less. Place into a large pot with a

lid containing ¼ cup of water. Bring to a boil, then turn down to simmer over medium-high heat to cook down for 15 minutes, stirring occasionally. Stir in butter, honey, salt and white pepper. Simmer further for 15 minutes.

2. Place toppings in bowls on the table and serve with warm bread.

3. Enjoy!
THERESA ALBERT









What can you expect for 2013? Check out your horoscope

Aries March 21 - April 20

The New Year has arrived and with it loads of responsibilities. Expect to be thrown into uncanny situations throughout 2013 that will unfold into valuable lessons, ones that will teach you more about yourself than others.

Taurus April 21 - May 21

Career will be challenging for the first part of 2013. However, with patience by mid 2013 you will not drive yourself up the wall hoping for that perfect job because you will realize you are already in it, or magically you will be placed into it.

II Gemini May 22 - June 21

Romance and personal relationships will be a concern in the first quarter of 2013, but by Spring you experience a shift in the romance department and your focus will mainly be on friendship and family. One tip for 2013: Try not to take people too seriously. Especially those who take themselves way too seriously!

Gancer June 22 - July 23

Think more progressive and positive. You have the tendency to over think things way past the point of healthy pondering and at times that causes you to undertake unnecessary emotional torment caused by thought. In 2013 you can flip the script just by flipping your thought pattern.

Leo July 24 - Aug. 23

This year will be one of personal challenges for you. Don't fret, these will be positive challenges. You will be learning facts about your character, ones that you may not like so much. Nevertheless, this will cause you to practice new personality skills and by 2014 you will feel like a new person.

W Virgo Aug. 24 - Sept. 23

In 2013, people will appreciate that you do not have to be told what needs to be done. You just get it done. You will be viewed as on-the-ball and that means co-workers, friends and family, will flock to you for advice regarding a multitude of concerns.

Libra Sept. 24 - Oct. 23

Do not be discouraged when plans refuse to unfold according to your wishes, and especially in the love department. Expect fluctuations of ups and owns and you will not be disappointed when loved ones say one thing but do another. Just do your best to be your best and 2013 will be relatively cool.

M Scorpio Oct. 24 - Nov. 22

Some people feel you can be harsh at times. Like the ol saying goes "it's a dirty job, but someone's gotta do it" and you do it well because you know how to keep it real. So in 2013 when you are packing a punch do not second guess or guilt

trip yourself... You gotta do what ya gotta do!

Sagittarius

This will be a year of love, joy and peace for you. There will be some bumpy roads during the ride, but nothing will be too much for you to handle. Winter brings love. Spring will offer joy in career. Summer brings peace. Fall will have you busy like a bee, but you will make loads of honey money.

V Capricorn

In 2013 if anyone dares to impose havoc on you or anybody you care for they will feel your wrath. Your authoritative side will rise up in February and it will not ease up until early Fall. Nevertheless, your gentle side will be freely given to those who behave

Aquarius Jan. 21 - Feb. 19

Listen to your heart. It will speak loud and clear all throughout 2013. Your gut instinct will be on point and if you ignore your intuition you will want to kick yourself. So to prevent unnecessary upset, pay attention to your inner voice and follow through.

Pisces Feb. 20 - March 20

Money will flow to you more regularly in 2013, but first you will have to develop a better relationship with dollars and coins by saving your cash and refusing to spend frivolously. CERISE FAIRPAX, LIFE COACH AND ASTROLOGER (CERISEFAIRFAX.COM)

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metronews.ca Thursday, December 27, 2012 **SPORTS**

Hot Canadian athletes to watch

PHILIP CROUCHER AND MATTHEW WUEST

Steve Nash

By the time the NBA playoffs roll around, the spotlight will be squarely on Vancouver's Steve Nash and the Los Angeles Lakers. The 38-yearold two-time most valuable player is in his 17th season and is still in search of his first NBA title. On a team loaded with big-name talent — Kobe Bryant, Dwight Howard, Pau Gasol and Metta World Peace — the Lakers are

supposed to be the Western Conference's answer to the Eastern Conference's defending champion, Miami Heat. But plenty of questions remain about whether the Lakers can put it all together as Nash strives to finish his illustrious career a champion.



Georges St-Pierre

It will, without question, be the biggest fight in MMA history. Montreal's Georges St-Pierre is expected to square off against UFC middleweight champion Anderson Silva sometime in 2013 in what is being dubbed simply the 'superfight.' St-Pierre and Silva are considered the best pound-for-pound fighters in MMA, and the showdown should finally put to rest the question of who is the best. St-Pierre goes into 2013 on a high after winning a blood-filled fiveround decision over Carlos (Natural Born Killer) Condit in November to unify the welterweight title. He also showed he has lots left in the tank after missing 18 months due to knee surgery.

Nathan MacKinnon

The electrifying forward from Cole Harbour, N.S., has been the front-runner to be selected No. 1 overall in the NHL draft for more than a year now. MacKinnon, 17. raises fans of the Halifax Mooseheads out of their seats with his high-octane speed and ability to score goals in



bunches. He hails from the same hometown as Sidney Crosby — generating comparisons between the two despite significantly different styles of play — and is facing plenty of competition from Portland Winterhawks defenceman Seth Jones, among others. The battle could go right down to the wire on the draft stage at Prudential Center in Newark, N.J., on June 28.

Milos Raonic

With almost \$1.2 million in prize money and two tournament victories, 2012 was certainly kind to Toronto's Milos Raonic, But with success comes higher expectations and Canadian tennis fans from coast-to-coast will be looking for this 21-year-old power server to elevate his game even further in 2013. Fans will be watching closely at the four majors too, where Raonic went 8-4 this year. His best finish came at the U.S. Open where he made it to the quarter-finals before dropping a straight-sets decision to Andy Murray. Raonic can look to build off that finish however as it was his best-ever at a major.

CLIVE BRUNSKILL/GETTY IMAGES FOR ATP WORLD TOUR



Graham DeLaet

Graham DeLaet isn't a household name to most Canadian golf fans but 2013 could be the year he becomes one. The Weyburn, Sask., native is coming off a solid season on the PGA Tour. DeLaet played in 23 tour events in 2012. made 17 cuts, finished in the top five twice and earned a cool \$1.05 million. His best



finish was a tie for fourth in Zurich Classic of New Orleans, and in the FedEx Cup playoffs, DeLaet made it to the third round. All that's really left is his first PGA tour victory, which many think that could happen in 2013.

A STANDING OVATION FOR 2012 PACESETTERS

Pacesetters are the organizations that make a commitment to support United Way before the Annual Workplace Campaign starts. They support our work in community. Each one understands the value and importance of supporting our local community and they demonstrate their belief by committing to run campaigns and making corporate gifts in advance of our kick-off. We thank and celebrate their support with a standing ovation!



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Change starts here.



Fed up fans to lock out NHL with boycott pledge

Just Drop It. Campaign calls for hockey supporters to drop everything related to the sport after Dec. 21



Steve Chase and his friends pledge to boycott one NHL game for every game cancelled after Dec. 21 and they're sticking by it.

The 55-year-old commercial director, a Montrealer who lives in Los Angeles, started a grass-roots campaign called Just Drop It that encourages fans to drop everything hockey-related.

our game," he told Metro. "We just want them to pay attention to us.... We decided a fair thing would be to just make it one for one. If you cancel a game, we cancel a game." Chase created a video that

has been viewed a total of 100,000 times on YouTube and Vimeo, as well as a Facebook page, which already has more than 19,000 likes.

"Our goal was to be heard," he said. "We're knocking on the door of that meeting saying, 'Guys, we're the people paying you. We're a little annoyed that you're disregarding and disrespecting us."

Chase said he hopes fans will live up to the pledge's challenge.
"I hope people stick to it be-

"They will support the team at the end of the day no matter what."

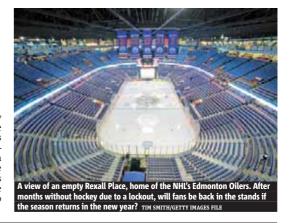
Dr. Joti Samra on the psychology of sports fans

cause we need to send a little bit of a message: 'Guys, don't do this again,'" he added.

But Dr. Joti Samra, host and psychologist on the Oprah Winfrey Network's Million Dollar Neighbourhood, said that fans may be upset now about the contract negotiations, but they're not going to be able to resist the temptation.

"When it comes to sport we're pretty forgiving fans, whether our team is playing or not, whether they win or not,"

because for a lot of people the big part of their social activities revolve around sports, espe-cially this time of year when the days are shorter, and people are inside more ... but fans are fans. They will support the team at the end of the day no



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Will you tune in to hockey if the NHL returns in the new

@taboada93: I don't think so it's so sad with how they're

handling the NHL lockout. It's dragging on badly

@Primlar: I plan to avoid as many @NHL games as are locked out, once a deal is

reached. They lose this season, I'll skip 2013-14.

@AlanSimpson: No. What goodwill that was built by the return of the Jets is gone. Again.

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metronews.ca Thursday, December 27, 2012 metr⊕ **SPORTS**

Luongo trade rumours fly coop | **Hot teams**



This space was supposed to be reserved for some wild and whacky Roberto Luongo trade rumour.

For what it's worth, it still seems like the Vancouver Canucks goaltender, usurped this past April by Cory Schneider as the starter for that position, is destined to be a Toronto Maple Leaf soon — or a Florida Panther? — after this nonsense NHL lockout finally concludes.

But, until then, consider

the matter embargoed.

It seems dealing the former No. 1 man in the Canucks crease has, in the minds of local fans, not only taken a back seat to the ongoing labour war but been left at home entirely.

Even those ardently opposed to having Luongo back in a Canucks uniform — a gold medal at the 2010 Olympics and a berth in Game 7 of the 2011 Stanley Cup final doesn't cut it with some folks - would probably welcome him with open arms if it meant doing away with the lockout.

That's the way it is. Luongo is a polarizing figure. His greatest moments walk hand in hand with his ultimate blunders. As a result, Luongo has attracted a great number of detractors within the Van-

ouver faithful.

But what hockey fan is really talking or thinking about this at this particular moment? cam tucker/metro

to watch in 2013

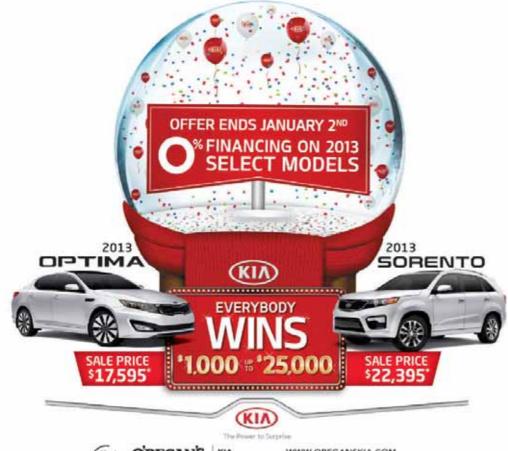
CAM TUCKER



Seattle Seahawks

The Seattle Seahawks began the 2012-13 NFL season at longshot 60-1 odds to win the Super Bowl, according to Bodog. ca on Sept. 18. Fast forward three months ahead and the Seahawks are, with a 9-5 record, 20-1 odds to win the Super

Bowl, as per the same gambling website. The Seahawks have gone from pretender to contender thanks mostly to reliable running back Marshawn Lynch, a staunch defence and the improved play of rookie quarterback Russell Wilson.





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Toronto Blue Jays

The acquisitions of pitchers Josh Johnson, Mark Buehrle and, more recently, R.A. Dickey, as well as fielders Melky Cabrera and Jose Reyes have created a lot of enthusiasm. But more than 10 months separate the Jays from a playoff spot — their first since 1993



Vancouver Whitecaps

The Vancouver Whitecaps' sophomore Major League Soccer campaign yielded a playoff berth, but the club backed into the post-season by winning twice in its final 11 games. Scoring was an issue throughout the year — the Caps put up a total of 35 goals in 34 games.



Halifax Mooseheads

The Halifax Mooseheads occupied the top spot in the Canadian Hockey League rankings as of Dec. 12, and are led offensively by 17-year-old centre Nathan MacKinnon, who had 22 goals and 52 points in just 30 games before leaving for Team Canada's world junior selection camp.



Saskatchewan **Roughriders**

There are passionate Canadian Football League fans all across Canada. But few can top those who wear the green of the Roughriders. The team will host the 2013 Grey Cup, not far removed from the heartbreak of the 2009 title game that saw them lose thanks to a toomany-men call.

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Metro's crossword gift to you

20

29

55

68

92

62

36

50

61

108

Across

- 1. Syrup or leaf 6. NAFTA part 11. Niagara Falls' Maid of the
- 15. Russian city where Canada is now competing in hockey's
- 2013 World Juniors 18. Recipe instructions phrase
- 19. Mr. Quinn
- 20. Venetian traveller

38

65

95

52

- Mr Polo
- 21. Chitchat
- 22. "Baby Beluga" troubadour
- 23. Prisoner 24601
- 25. Ex __. 26. Honest
- Toronto
- 28. F.D.R as F.R. instead
- 29. "Star Trek" starship, partially
- 30. Scarth Street locale
- 32. Levy
- 35. Tiara twinklers 37. Tabula (Clean slate)
- 38. Newbie
- 39. Etiquette expert in Metro
- 47. Suzette's serving
- 49. "Well, now!" 50. Sea nymph
- 51. Harmony
- 52. Hairstyling
- request 53. Cuts wood
- 55. Moray catcher, say
- 57. Close-fitting 58. Deorbited space
- station 59. WWI: Harry Cole-
- bourn's "Winnipeg"
- 62. #23-Across hide-
- 64. Natural 65. What an extra
- might have in dialogue
- 67. Elton John song 69. Specialist
- 71. It culminates (federally) on April 14th, 2013
- 77. Network VIP
- 78. Fwoks' forest moon home
- 79. Comes forth
- 80. John A. Macdonald
- 82. Hockey great Mr. Mikita, and
- 84. Justin Timberlake, formerly
- 87. Mini Martians
- 88. Beverage company
- 90. Shoulder scarf
- 92. Calendrier component
- 93. Patsy Gallant disco hit: "From
- 95. Wee hours time

you loud and clear."

107

- 100. Quick bite
- 102. Marianas Trench and Hedley
- 107. Single-named supermodel
- 108. Utmost degrees

- 119. Snowy

- 99. Movie studio
- 106. Thunderstruck

- 109. "Battle of the Blades" champ
- Ms. Bonhomme's
- 111. Dancer's move
- 114. Fruit drink
- 116. Oprah's __! moment 118. Tom Mulcair's letters
- 120. Scotiabank __ (Literary award)
- 124. Toy company

- 128. Keanu's 'Matrix' role 129. Gnaw geologically

121

19

23

49

53

28

35

27

39

60

48

82

96

129

133

103

- 130. Falcon-headed deity
- 131. "1234" sonastress
 - 132. Caravansary
 - 133. HGTV undertaking

 - 134. Sluggish
 - 135. Pup's protests!

Down

- 1. Feb.'s follower
- 2. Inman's beloved in "Cold Moun-
- tain" (2003)
- 3. Comp. file
- 4. Yann Martel's book-turned-

5. Barenaked Ladies' title lady, and

123

others

autocatch.com

- Mahal 7. Nothing: French
- 8. "Cash Cab" host
- 9. Mr. Lanois, U2 producer
- 10. Letter's li'l jacket 11. Mil. ranks
- 12. Piaue
- 13. Ancient Egypt's divine beetle
- 14. Gets in shape
- 15. Certain citrus
- 16. Gladly
- 17. "Dancing Queen" band 20. Real estate acronym
- 24. Kangaroo logo shampoo

- 27. Minute bit
- 31. Billionaire Bill
- 32. Company name abbr.
- 33.007's drink
- 34. The Arctic Grail author
- 36. 'My' in Montreal
- 37. Freshen
- 40. Backpackers' lodging
- 41. Captain in 1956's "Moby Dick"

125

126

- 42. Lancome Paris perfume 43. Ms. Mirren's
- 44. They concern signage in
- Quehec 45. Quito is its cap.
- 46. Mr. Philbin, et al.

- 54. Lunchtime order
- 56. Fitness
- 58. Actress Gretchen
- 60. Makes official
- 61. French artist, Odilon _
- (b.1840 d.1916) 63. Territory the Hudson's Bay Company controlled,
- Land 66. Supervillain Mr. Luthor
- 68. Vice

25

31

57

70

75

51

63

100

124

131

135

30

56

- 70. Basic learning, informally
- 72. Edgar Allan Poe poem 73. Eve (Playwright/
- activist) 74. Trojan hero
- 75. Whales' order
- 76. Feminine suffix
- 80. Sketch show
- 81. Hawkeye State
- 83. 'Decor' finishing
- 85. English setting of "Downton Abbey
- 86. Microwave
- 89. Be silent, in music 91. Breadwinner
- 94. Making the most of Boxing Day sales
- 96. Kris Jenner, to The Kardashians
- 98. Polka's partner
- 101. ms. lang's 103. Diamond arbiter
- 104. River Styx ferryman
- 105. Subway stop, shortly
- 110. Enlighten
- 111. Ms. Braxton 112. Sound, Ontario
- 113. PayPal co-founder Mr. Musk
- 114. Shoe store
- 115. Canadian comic Gerry 117. Cote d'__ (French
- Riviera)
- 121. Mr. Chanev Jr.
- 122. Greek letter

127. Davs opp.

- 123. Founded, for short 125. Actor Mr. Wheaton
- 126. Web connector [abbr.]

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